

MIDLANDS HIKING CLUB FIXTURE LIST: APRIL - JUNE 2021
(Please use email to contact leaders as the preferred contact method)

DATE	GRADE	DESCRIPTION OF ACTIVITIES	LEADER
Sunday 4 th April		TO BE ADVISED	
Sunday 11 th April	Day hike Grade 3 13 km 200m climb	KAMBERG – 3 CAVES HIKE New area for hikers – visit 3 out of the way caves. Area not visited by hikers at all. Great view of steep valleys and hike along steep stream beds. Lovely streams. Bring hiking sticks and your hill climbing boots. Takkies not allowed. Some fitness and strong knees essential.	Dave Sclanders – email only with cell contact and where you live. dave@bergfree.co.za Last booking Wednesday 7th April Day entry fee R40.00.
Saturday & Sunday 10- 11 th April	Cave Grade 3	MKHOMAZI – CYPRUS CAVE – Ideal for first time backpackers or others as we can explore from the cave – waterfall above the cave & pool below – max 6 hikers. Last booking by Thursday 1st April.	Keith Ashton by email only. Please include cell number. keimarg@iuncapped.co.za Cave fee R80
Friday 16 th to Sunday 18 th April	Camping & 12 km hike on Saturday – Grade 3	MOUNTAIN SPLENDOUR CARAVAN PARK, CATHKIN VALLEY. Hike from Monks Cowl camp site up to the Sphinx and Breakfast Rock, then down Kearsland Pass. Adults R196 pppn/Pensioners R98 pppn	Brian Henwood bhhenwood@gmail.com 0826556359
Sunday 25 th April	Day Hike Grade 3 13 km	DE MAGTENBERG Circular route. 350m climb through plantation, grassland and indigenous forest on forestry roads and cattle tracks.	Chris Dobson chrisdobson@telkomsa.net 0824611954
Sunday 2 nd May	Grade 2+ 16 km 400 m climb	HIGHMOOR – Day hike to Ka-Dedakushe Falls via “The Plaque” - Impressive Twin Falls. Return via a slightly different route. Last booking by Wednesday 28th April.	Keith Ashton by e-mail only. Please include cell number. keimarg@iuncapped.co.za Day entrance fee R45 per person or Wild/Rhino card
Wed 5 th to Sat 8 th May	Midweek camping	UMLALAZI EZEMVELO NR (NEAR MTUZINI) R100 pppn (Wed-Thurs), R330 pppn Friday	Chris Dobson chrisdobson@telkomsa.net 0824611954
Friday 7 th – Sunday 9 th May	We cater for everyone	NATIONAL HERITAGE NATURE PARK,(KAMBERG) Come early. Variety of facilities and activities. Hikes on Friday, Saturday and Sunday. Accommodation for 12 persons in 2 luxury self catering cottages, each with 3 double rooms. Special price R300 pppn.	Brian Henwood 082 655 6359 bhhenwood@gmail.com
Sunday 16 th May	Day hike	KARKLOOF CONSERVANCY Meet at 9.00 at the Conservancy. Easy walk through the Conservancy and private land to the falls where we will have lunch. Fee R50.	Margret Kirsten mjkaway41@gmail.com 0837837852
Saturday 22 nd Sunday 23 rd May	Day hike or weekend	OVERSTONE COTTAGES, NOODESBERG, DALTON Day hike on the farm on Sunday or members may wish to make a weekend and go on Saturday to stay in the cottages. Backpackers accommodation R250 pppn self catering (minimum 8) or other self catering accommodation R350 pppn.	Ali Engelbrecht ceo@womeninbusiness.org.za 0829722675
Sunday 30 th May	Day hike Grade 3 6 km each way	HIGHMOOR – CLIMB MOUNT LEBANON Good walking legs needed. Only the last bit a bit steep. No rock climbing involved.	Dave Sclanders – email only with cell contact and where you live. dave@bergfree.co.za Last booking Wednesday 26th May Day entry fee R40.00.
Sunday 6 th June	Grade 2 Day hike 15 kms	BAYNESFIELD ESTATE MTB PARK. Turn off R56 about 2km beyond Thornville and proceed to the Baynesfield Estate Rec. Club. We will be doing the river walk from the clubhouse. R35 charge.	Brian Henwood 082 655 6359 bhhenwood@gmail.com
Sunday 13 th June	Day Hike	LEMONWOOD	Carolee Thompson caroleejoy@gmail.com 0784825003
Saturday 19 th June	Grade 2+ 12-14 kms including exploring	HIGHMOOR Day hike to Caracal or Aasvoelkrans cave & explore to Bushman’s paintings. We can decide which on the day depending on circumstances. Last booking by Monday 14th June as I am away later in the week.	Keith Ashton by e-mail only. Please include cell number. keimarg@iuncapped.co.za Day entrance fee R45 per person or Wild/Rhino card
Sunday 27 th June	Grade 2 12 km	DARGLE – KILGOBBIN Nice walk through indigenous forest, grasslands. There is a dam to have a swim (if not too cold).	Dave Sclanders – email only with cell contact and where you live. dave@bergfree.co.za

IMPORTANT NOTES ABOUT HIKING

1. Hikes are graded so that members can select the activity best suited to their own level of fitness and do not cause unreasonable delay to fellow hikers.
2. **Contact the leader of a day hike at least 3 days in advance of your intention to participate. If you need to cancel please contact the leader as soon as possible. Numbers are often limited and there may be a waiting list.**
3. Contact the leader of a camping weekend at least one week in advance of your intention to participate.
4. If accommodation bookings are required please contact the leader at your earliest convenience to secure yourself a booking.
5. Leaders have the prerogative to exclude a member if they doubt their health condition, physical fitness or suitability of their hiking gear for a particular activity.
6. Advise the leader of any medical condition prior to any hike & carry the necessary medication - The leader will not administer First Aid.
7. Carry your medical aid, doctor and close family friend contact details in your backpack at all times. We encourage all hikers to attach their membership badges to their backpacks with these details available.

GRADINGS OF HIKES	
FF	Family friendly
PF	Pet friendly
Grade 1	Very easy. Minimal fitness required
Grade 2	Not too strenuous. Moderate fitness
Grade 3	Moderate. Physical fitness advisable
Grade 4	Strenuous. Physical fitness essential
Grade 5	Very strenuous - high level of physical fitness essential

CLUB NIGHTS Our Club nights are normally held on the third THURSDAY of every second month in the Church of the Ascension Hall, Hilton starting at 19:00. Wine, snacks, tea & coffee served. **We have currently suspended these because of Covid. However, we are currently discussing some exciting social events that can meet Covid protocols. Stay tuned to “Go Hiking” website!**