

MIDLANDS HIKING CLUB FIXTURE LIST: OCTOBER 2015 TO DECEMBER 2015 (rev 1 - 2015.10.07)

DATE	TYPE	GRADE	APPROX DIST	DESCRIPTION OF ACTIVITIES	LEADER	APPROX COST
SUN 04 Oct	DAY HIKE	2+	12 - 15kms	<b>KARKLOOF</b> - Day hike through Everdon Estates led by the man who knows the area better than anybody - previously this hike has proved to be very popular and has some of the most spectacular views in the area including Umgeni and Karkloof rivers - Cecil Hackney will lead the hike but please contact Keith. - <b>Last bookings Wed 30 Sept</b> . - Combined hike with other clubs	Keith Ashton 033 239 5023 keimarg@iuncapped.co.za	R10 pp donation
SAT 10 Oct	DAY HIKE	3	14kms return	<b>HIGHMOOR</b> - Day hike to ka-Dedakush Falls & Old Guard Outpost - NEW SITE. (Other option on Saturday is to hike a NEW route to the top of Mount Lebanon)	Dave Sclanders - email only dave@bergfree.co.za Last booking 5 October	R 35.00
SUN 11 Oct	DAY HIKE	3	14kms return	<b>HIGHMOOR</b> - 1st time hike - along cliffs to top of Cleopatra (Not difficult and spectacular views)	Dave Sclanders - email only dave@bergfree.co.za Last booking 5 October	R 35.00
SAT-SUN 10-11 OCT	TENTING	3	14kms return each day	<b>HIGHMOOR</b> - Saturday day hike as above, tent overnight at Highmoor campsite and then Sunday day hike as above	Dave Sclanders - email only dave@bergfree.co.za Last booking 5 October	R 60.00
SAT-SUN 24 - 25 Oct	CAVE	3	12-14 km each day	<b>BUSHMAN'S NEK</b> - Backpacking to & overnight in Whytes Cave - Our route will be via Painters Cave & White Horse Cave (both with excellent Bushman's paintings) - We will also visit Sherry Cave (New) & Langalibalele Cave, so 5 caves in the weekend. Combined hike with other clubs - <b>Last bookings 16 Oct</b> .	Keith Ashton 033 239 5023 keimarg@iuncapped.co.za	R55 pp inc entry fee & levies
SUN 08 Nov	DAY HIKE	4	15km	<b>Enanda Table Mountain</b> - Meet Union Main, Pinetown in time to leave at 7.30 .We will then drive through to eNanda Green Hub for 8 a.m. Those wishing to meet there may do so. We will then drive through to a base from where we will hike to the top of eNanda Table Mountain and down again. Petrol sharing from Pinetown R25 ( <b>Durban Ramblers combined hike</b> )	Philip Collyer	Donation to Green Corridor and guide R25, plus R10 for car guard.
TUE 17 Nov	CLUB NIGHT			<b>Church of the Ascension Hall, Brindly Road, Hilton - 7pm. Rob Opie's THE GAME CHANGERS – Good to Great to Greater.</b> Rob's inspirational talk takes you inside the game plans of the Great Champions of Business, Sport and Life to reveal what the Great Champions know, but coaches seldom teach.	Speaker - Rob Opie	FREE TO MEMBERS
SUN 22 Nov	DAY HIKE	2+	15kms	<b>HOWICK MEANDER</b> - Local day hike - Symmonds Stream Conservancy, Beacon Hill Conservancy, along the Umgeni River to Howick Falls - option to the bottom of the falls - several local eateries for food & drinks at the end of the hike - note the distance & grade - Combined hike with other clubs - <b>Last bookings Wed 18 Nov</b>	Keith Ashton 033 239 5023 keimarg@iuncapped.co.za	R20 per person for the conservancies
SUN 29 Nov	DAY HIKE	3	15km	<b>BAINSFIELD</b> - Enjoy hiking on this beautiful estate. Meet Union Main at 7.30 or Assagay Hotel parking at 7.45. Alternatively meet at the entrance to Baynesfield (off Richmond Rd, R56, past Thornville junction) at 8.30a.m. Bring own drinks for after the hike. ( <b>Durban Ramblers combined hike</b> )	John Stevens 0824591522	Donation R20.Petrol sharing R40.
SUN 06 Dec	DAY HIKE			<b>CLUB CHRISTMAS HIKE &amp; BRAAI</b> - Venue is Eagle Ridge Estate. Will be a short hike from 9am for those who wish to join, otherwise festivities will start from 11am. Please bring your own meat & drinks and a salad or pudding to share. Also a present for Secret Santa (+- R50 value). Prize for best dressed (theme to be announced later)	RSVP to Carolee caroleejoy@gmail.com	FREE
SUN 20 Dec	DAY HIKE	2	14kms	<b>BEREA PARKS</b> - Easy suburban walk through Sutton Park, Mitchell Park and Botanic Gardens. Bring picnic lunch, money for tea stop on the way and costumes for those that would like to swim in the pool afterwards. Meet Sutton Park at 8.a.m ( <b>Durban Ramblers combined hike</b> )	Jenny Rooks 0849520622	
THU-SAT 31 Dec 15 - 2 Jan 16	MOUNTAIN HUT	2-3	12 - 15 KM each day	<b>BUSHMAN'S NEK - CELEBRATE NEW YEAR IN STYLE IN A STUNNING AREA</b> - Short (just over 1 km) backpacking to Bushman's Nek Hut for a two-night stay.- Beautiful day hikes from this base to see waterfalls, bushmen's paintings, caves & lovely pools for swimming. Hut has lockable rooms with bunk beds & mattresses + flush toilets & showers (only cold water but no problem) - Combined hike with other clubs. Don't forget your drinks & goodies -Please book early to secure your place - last bookings by 14 Dec.	Keith Ashton 033 239 5023 keimarg@iuncapped.co.za	R100 pppn (R200 Total pp)

ADVANCE NOTICE						
TUES	19-Jan	CLUB NIGHT			CLUB NIGHT - DETAILS TO BE CONFIRMED	FREE TO MEMBERS

GRADINGS OF HIKES	SOME IMPORTANT NOTES ABOUT HIKING	CLUB NIGHTS
FF Family friendly	1. Hikes are graded so that members can select the activity best suited to their own level of fitness and do not cause unreasonable delay to fellow hikers.	Our Club nights are held on the third Tuesday of every second month in the Church of the Ascension Hall starting at 19:00. Tea & coffee served. Come along early and meet your fellow members. Plenty of parking next to the hall, accessed from Brindly Road, Hilton.
PF Pet friendly	2. Contact the leader of a day hike at least 3 days in advance of your intention to participate.	
Grade 1 Very easy. Minimal fitness required	3. Contact the leader of a camping weekend at least one week in advance of your intention to participate.	
Grade 2 Not too strenuous. Moderate fitness	4. If accommodation bookings are required please contact the leader at your earliest convenience to secure yourself a booking.	
Grade 3 Moderate. Physical fitness advisable	5. Leaders have the prerogative to exclude a member if they doubt their health condition, physical fitness or suitability of their hiking gear for a particular activity.	
Grade 4 Strenuous. Physical fitness essential	6. Advise the leader of any medical condition prior to any hike & carry the necessary medication - The leader will not administer First Aid.	
Grade 5 Very strenuous - high level of physical fitness essential	7. Carry your medical aid, doctor and close family friend contact details in your backpack at all times.	